



Healthy Happy Places – Putting Theory into Practice

Radisson Blu, Durham

Monday 25 April 2022

Programme

- 09.30** **Registration and refreshments**
- 10.00** **Chair's welcome and introduction – Understanding place and people and why health is important in placemaking**
by Tim Crawshaw – RTPI President
- 10.10** **Healthy Cities? Design for Well-being**
Tim Townshend, Professor of Urban Design and Health
Newcastle University
- 10.30** **Meaningful wellbeing through arts participation**
Michael Cunliffe, Artistic Co-ordinator – North Tyneside Art Studio
Michael will talk about mental health, the arts and how the environment plays a role in their engagement work. Sharing some great impact stories to help explain the benefit of what they do.
- 11.00** **A Compass, Banana & Reeds: How to join people and places with purpose**
Josh Watts, Associate Director - USI
- 11.25** **Refreshments break**
- 11.45** **A trauma informed lens to the spaces we inhabit**
Dr Angela Kennedy, National Trauma Informed Community of Action Lead
Angela will talk about the wider planning and design principles of trauma informed environments
- 12.10** **Theory into Practice**
Michael Chang, Programme Manager – Planning and Health,
Office for Health Improvement and Disparities
- 12.40** **Enabling Healthy Placemaking**
Aude Biquelet, Deputy Head of Policy and Research - RTPI
- 13.05** **Lunch served**
- 14.10** **Delegates break into workshops**
Lauren Perkin, Programme Officer to facilitate
- 15.30** **Discussion around findings from workshops**
- 15.50** **Closing remarks**
- 16.00** **Close**